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Liquid Nitrogen Treatment

Aftercare instructions:

Liquid nitrogen is made from nitrogen gas which has been cooled and pressurized to form a liquid. Dermatologists and Plastic Surgeons use it to freeze and destroy superficial skin growths such as warts and keratoses.

What to expect:

- Liquid nitrogen will be applied directly to the skin growth(s) to be removed.
- You will probably feel some stinging and mild pain. The initial discomfort subsides significantly within 10 to 15 minutes. Some throbbing may persist. If so, you can relieve this with an OTC pain medication such as aspirin or Tylenol.
- After the treatment, your skin will become red and swollen; however, its effects may not be fully seen for 24-72 hours.
- You may develop a blister. Sometimes the blister may be a “blood blister” (red-purple in color). If this occurs, you should leave the blister alone. If the blister is large or causes a problem, contact the office.
- The area will then form a scab, or crust, and will usually fall off by itself in one to three weeks. The skin growth should come off leaving healthy skin.
- If the blister ruptures, you may cover the area(s) with a band-aid.
- Depending on the size and location of the skin growth, you may need to have more than one liquid nitrogen treatment.

Proper care after the procedure:

Clean the treated area with hydrogen peroxide or with soap and water as you normally would. It is fine to get the area wet; however, be sure to blot it dry carefully and delicately. If you have any questions call the office.