

A **wart** is a small growth with a rough texture that can appear anywhere on the body. It can look like a solid blister or a small cauliflower. **Warts** are caused by viruses in the human papillomavirus (HPV) family. The appearance of a **wart** depends on its location on the body and the thickness of the skin. Scratching warm, damp and cracked skin can encourage the development of **warts** as the virus enters the skin via small cuts or scratches. Fatigue and **stress can** increase susceptibility to **warts**. Duct tape, apple cider vinegar and numerous home remedies are abundant for the treatment of warts.

POSTOPERATIVE INSTRUCTIONS for EXCISION and CLOSURE of WARTS

You will probably experience some pain or numbness at the wound site. An over the counter medication (i.e. Tylenol) may be taken. If you have been given antibiotics take them until they are completed. Keep the wound clean. Remove the Band-Aid prior to showering. You may use hydrogen peroxide to break up a scab that may form. Do not submerge the wound in water. Leave steri-strips intact. You may replace the Band-Aid after showering. When appropriate, elevate the surgical site during the first 2 days. You may apply ice to the area 45 minutes of every hour. No swimming or hot tubs for 6 weeks. Avoid any trauma or injury to the wound. Limit stress to the incision site and do not lift more than 8 pounds. Occasionally you may experience a small amount of drainage from the treated site, especially after cyst removal. This may last for 2 days and may resume once the blood has liquefied at approximately 2 weeks. The drainage may appear bloody. Usually the drainage will stop, but if it persists then apply steady pressure to the area for 10 minutes. The outer bandage may be removed however, leave the steri-strips intact. Use sunscreen liberally on scars after 4 weeks. Return to the office for your follow up appointment as scheduled_____

INSTRUCTIONS for SALINOCAINE (applied at the office) treatment for WARTS

Salinocaine is applied directly to the area and covered with a Band-Aid. Additional tape may be needed to maintain a proper seal. The dressing should be kept clean and dry for 1 week. When showering, cover the area with a plastic bag. If the Band-Aid is loose, please reinforce it with additional tape. If the Band-Aid falls off, a new Band-Aid may not be effective since the active agent is on the Band-Aid. When you remove the dressing at one week in the shower, please use a face cloth to remove the macerated skin. If the wart is extensive or the dressing fell off, you may need additional applications.

INSTRUCTIONS for LIQUID NITROGEN (applied at the office) treatment for WARTS

Liquid nitrogen is used to freeze and destroy superficial skin growths such as keratosis and warts. Once the treatment of the liquid nitrogen has been performed at the office, you may feel some stinging and mild pain. You may use over the counter pain medications (i.e. Tylenol). The skin may become red and swollen; however the effects may not be fully seen for 72 hours. You may shower normally, but do not submerge the area in water. You may develop a blister. The blister may contain some blood. You may cover the blister with a Band-Aid. Leave the blister alone. If the blister is larger or painful, call the office. The area will usually form a scab or crust that will fall off after several weeks. Depending on the area, you may need additional treatments.

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