

**Amelia Pare MD Plastic Surgeon 123 Hidden Valley Road, McMurray, PA
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Filler Treatment

Preparation before surgery

Do not sunburn within 2 weeks prior to treatment

Fillers may be used to improve skin contour but it will not get rid of deep grooves in the skin.

Avoid taking aspirin, non-steroidal anti-inflammatory medications, St John's Wort, and high doses of Vitamin E supplements for one week prior to the treatment to reduce the risk of bruising and bleeding at the injection site.

If you have had a history of cold sores, tell your doctor. You may need to take some medicine to avoid cold sores.

What to expect the day of treatment?

Bring your license and insurance cards and registration forms.

Emla cream will be applied in advance to help anesthetize the area. Filler will be injected directly into the skin. There may be some discomfort.

You will probably feel some stinging and mild pain. The initial discomfort subsides significantly within 10 -15 minutes. Some throbbing may persist. If so, you can relieve this with an OTC pain medication such as aspirin and Tylenol.

After the treatment, you may have pinprick spots.

Do not rub the area for the first 6 hours. After that, the area can be gently washed with soap and water.

Postoperative instructions

1. Clean the treated area with hydrogen peroxide or with soap and water as you normally would. It is fine to get the area wet; however, be sure to blot it dry carefully and delicately. If you have any questions call the office 724-941-8838.

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